

August 12, 2020

**THRIVE!**  
**Cross Over Ministries' Monthly Newsletter**

**“I have come in order that you might have life—life in all its fullness.” John 10:10b**

There is so much talk about surviving these days:

- **SURVIVING THE PANDEMIC IN SIX EASY STEPS**
- **HOW TO SURVIVE ON TEN DOLLARS A DAY**
- **A PARENT'S SURVIVAL KIT DURING COVID-19**
- **SURVIVING THE POLITICAL UNREST**

These are not exact titles to articles, but they might as well be. Surviving has become a “buzz” word these days and I think that it may be adding to the fear and anxiety that many people are experiencing.

You see, the term “survive” implies several things. One, that there is something that has caused you to live in survivor mode. Two, that the only focus in your life should be how to survive. And three, that if your whole life is not about surviving, you may not survive. Ask a few people how life is going these days. The answer just might be, “Oh, I’m surviving.”

You are right, surviving is living, but it is living so you can survive. It is definitely not living life to the fullest. There ARE some things that have changed our lives in ways we have not experienced before. And yes, we do have to focus on being safe, not just for ourselves but for others too. There are also other situations that may be grabbing your attention that have you worried, upset, and wondering if our country is going to survive all that is going on.

Recently, my own depression has taken hold. I am not sure if it is due to all that is going on or if my own sense of not doing enough or being good enough has made me feel badly about myself. Right now, my house is a mess, the flowers that I love need tending, and I fake being happy when I am around others. I have also tried to finish this newsletter three different times. Discouragement has set in because I keep trying and trying to get the musical off the ground and it seems to be going nowhere. That is when I question my relationship with the Lord, not so much Him for He has proven Himself to me over and over. But that I have failed Him over and over.

So, I did something brave today—I texted some friends who are members of Cross Over Ministries and let them know I am depressed and that I need help. Within three minutes of sending the text, I received messages of love and prayers. Dawn suggested I send what I have completed for the Newsletter to COM members and they would work together to finish it. Already, I feel relief.

I end my part here—they begin here—what a huge example of God’s grace—it’s more than survival—it’s thriving in His love shown to you by others.

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Some other things that we want to share with everyone is the basket of support we donated to the Hillsboro Area Hospital on August 4<sup>th</sup>. Katie of the Human Resource Department came out to the curb and picked up the laundry basket of goodies. The hospital has approximately 200 people on staff with 100-125 working there on any given day. We hope that the small token of food and drink items, and chocolate of course, help them know that God is holding them in his good graces. Cross Over Ministries is elated to be able to show God's never-ending love through gifts of this nature. We will continue to pray for the hospital workers and the community. We will continue to survive by living each day for our God!

Finally, we would like to share the great news of having 5 Recovery Support Peer applicants for the "The Living Room" project of Montgomery County. These applicants will be going through the training process with Cross Over Ministries to become peer leaders for individuals in crisis. Please pray for these applicants as they begin their journey with Cross Over Ministries.

If you are interested in helping in any way with the vision and mission of Cross Over Ministries, please contact us. Thank you for your time and interest with us. God Bless!

Thank you, my friend Lynette, for adding what the Lord is doing to forward the mission of Cross Over Ministries. What we do for Him is very important, but more than that, what we do for Him in relationship with other people is vital. In difficult times, we hold each other up; in joyful times, we praise Him together; in times of need, we supply; in times of gratitude, we are thankful; in times of despair, we continue to hope; in times of questioning, we bow our heads in prayer; in times of uncertainty, we remember He is sovereign.

HOPE OPPORTUNITY MERCY ENCOURAGEMENT

LIVING OUT HIS VISION—TOGETHER!

In Him and For Him,  
Your COM Team